

# Efforts of Counseling Teacher in Overcoming Student Tuning Behavior at MTS Negeri 1 School Deli Serdang

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## ABSTRACT

This study aims to determine the efforts of Counseling Guidance teachers in overcoming the behavior of students who play true, because there are still many students who often play true as seen by us at this time, there are those who participate in promiscuity, are lazy to study and others. Of course, in this study, researchers discussed how the counseling teacher's efforts to overcome the behavior of students who skipped school in an effective way carried out by the counseling teacher. This research leads to a qualitative descriptive research method, the data of which was taken from interviews with 2 existing sources. And the results of this study were: According to all informants, it was concluded that the counseling teacher's efforts to deal with students who skipped school were to approach the counseling teacher to students and provide a service with group counseling services and group guidance.

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## 1. INTRODUCTION

Ditching is something violating behavior norms, because student who skips school will tend do things or negative action so that will harm himself yourself and get hinder progress in the learning process. Thereby emphasized Cartonoin (Annisa Damayanti Guidance and Counseling & Setiawati, 2013) that skipping classes is violating behavior norms social as consequence from the conditioning process bad environment. Kinder et al ( in Ken Reid, 2002) stated that one factor behavior skipping classes is lack of control self so that make students skipping school, other factors outside self like weak parental supervision. Santrock (2003) also argues that results research conducted show control self own role important in mischief teenager. With so, if individual own control high self so individual the will own behavior low truancy. However otherwise, if level control self individual low so behavior skipped indicated will the more tall (Princess et al., 2017)

Behavior skipping classes this actually no something matter new for lots students, those who have get education because behavior skipping classes that alone already there is long time ago. The act of skipping filed as answer on frequent boredom experienced Lots student with curriculum school. this of course will become something obvious will smudge institution school That alone. No

only in cities big just students seen often ditching, even a number of area also shows enhancement behavior ditching. Although This happened in town big, no only in the middle city but also on the periphery city. Frequent students skipping classes No only in one school but Lots school experience the same thing, all That caused by internal and external factors from child That alone (Annisa Damayanti Guidance and Counseling & Setiawati, 2013).

Happening behavior skipping classes in a manner external too happen as as a result from boredom student to eye lesson in the classroom caused by the teacher teaching with use approach, model or method boring learning, such as: lectures, discussions and giving task. Besides That Internal student factors also influence caused lack of attention from parents so lazy to go to school. truant students happen almost in all school, though amount truant students school during working hours school only A little compared to with amount students who don't ditching, however its small number this must become concern all party especially whole component at school that itself, so in the end can influence other friends (Fatchurahman et al., 2018)

Delinquency teenager often happen moment this, one form behavior mischief teenager done students at school is behavior ditching. Ali Imron (2005) reveals skipping classes is no attendance student without give permission. Supriyo (2008) also states, behavior skipping classes can interpreted as students who don't enter school and students who are leaving school before class time end without permission from party school. truant students often found sitting in an internet cafe , on location *playstation*, smoking in stalls, reckless on the streets (Princess et al., 2017). Ditching is one form behavior mischief youth performed by a students outside school. According to Jensen (1985) delinquency teenagers who do outside from school is deviant behavior from habit or violate law. And mischief it is shared become four type namely:

- a. Delinquency that causes physical harm to others: fighting, rape, robbery, murder.
- b. Delinquency that causes material casualties: vandalism, theft, pickpocketing, extortion.
- c. Delinquency social no causing victims on the part of others: prostitution, abuse medicine. In Indonesia maybe can also mean connection sex before married.
- d. Against delinquency status, for example deny child as student with method run away from House or argue order them.

At age them, behaviors they of course Not yet violate law in a real sense because what was violated were internal statuses primary (family) and secondary (school) environment No regulated by law in a manner detailed. However, if later teenager This adult, violation of this status is also classified by Jensen as mischief and not just behavior deviate ( Sarwono , 2018). Remember that adolescence is the most time influenced by environment and friends equal and deep framework avoid things negative can harm himself themselves and others, youth should understand and own intelligence emotional. Intelligence emotional This seen in his efforts For give good impression about himself, capable disclose with good her emotions yourself, trying capable disclose reaction emotion in accordance with existing conditions and time so that interaction with other people can intertwined smoothly and effectively (Fatimah, 2006)

Delinquency adolescents (*juvenile delinquency*) originate of two terms namely Juvenile and Delinquency. Juveniles originate from language latin "Juvenilis" which means children, youth, characteristics of adolescence (under 18 years), while delinquency originates from language latin "delinquere" which means overlooked, neglected, the later expanded It means evil. Naughty, anti social, criminal, offender rule, maker riots, and so on. Violating students regulation school Good written nor No written, potentially raises disturbing chaos. Behavior This can defined as disturbing behavior. O'Connor, et al. (2012) stated that "problem behavior bother Because the relationship with mischief later day and failure school". That is, behavior bother is problem that has association with introduction next and failure in school. because it, between mischief adolescents and still disruptive behavior own similarity If seen from problem mainly (Widodo et al., 2016).

Arbuckle and Little (2004) define behavior that can categorized as as behavior disruptive that is activities that make it difficult for the teacher, disrupt the learning process and make the teacher

continue continuously comment his students. Another definition of behavior disruptive cited from journal written by Ali and Gracey (2013) is disruptive, disruptive and obstructive behavior function normal operation, incl activity teach in class, right student For feel own chance enjoy practice education. In line with opinion mentioned, Mabeba and Prislou (in Marais & Meier, 2010) stated that *disruptive behavior* is related behavior with problem discipline in schools that resulted the disturbance right base other students for Study with safe in condition environment supportive learning . (Widodo et al., 2016).

Habit skipping classes This is necessary problem dealt with and needed guidance of teachers and counselors, as stated by Gunarsa that behavior at school that lasts a long time with lack of ability form discipline yourself, control behavior and need teacher guidance includes tardiness, truancy, against teachers, fights, cheating and so on . (Haq, 2019). In matter This every school often We meet there is a tutor counseling (BK) with series of programs that have been done, with the efforts of the BK teacher in facilitate student For can develop potency himself exists in himself, This seen from the goal of the BK teacher Alone For help individual in develop himself optimally fit stages development possessed by students. But actually mischief student be one reject measure that makes environment school become No Good so that happen problem to be No convenient, This proven with many students throughout Indonesia.

Guidance and counseling teacher is a teacher who has educated in a manner professionals in college having height duty , responsibility responsibility , authority , and rights in a manner full in implementation activity guidance counseling as well as own competencies and characteristics personal special For help participant educate ( counselee ) in solve the problems he faces so that can reach optimal development .

Guidance and counseling teacher is a helpful teacher participant he taught in grow develop potential. one proper potential develop yourself participant educate is independence, that is in take decision important in journey related life with education nor preparation career. Service guidance counseling focused to effort help participant educate strengthen choice and development career in line with field the vocation to be the choice.

Service guidance and counseling held from human, for humans and by humans. From humans It means service That held based on essence existence man with all dimensions his humanity. For human, I mean that service the held for noble, noble and positive purposes for life humanity going to man completely fine man as individual nor group according to Prayitno (2013). Basically, guidance and counseling is also effort help For show development man optimally, either in a manner group nor individual in accordance with essence his humanity with various potential, strengths and weaknesses, weaknesses as well as the problem (Haryati, 2020) .

Objective general guidance and counseling is For help individual develop self optimally fit with stage development and its predisposition (eg ability foundation and talents), various background existing back (eg background behind family, education, status social economy) as well in accordance with demands positive environment. In connection This guidance and counseling help individual For become useful person in his own life various insights, views, interpretations, choices, adjustments, and appropriate skills regarding with self himself and his environment. Objective special guidance and counseling is explanation objective general that is caused in a manner direct with problems experienced by the individual concerned, accordingly with complexity the problem. Function tree guidance counseling, that is function understanding, function prevention, function alleviation, function maintenance, and function development. Whereas principles guidance and counseling regarding with target service, problem client, purpose and handling process problems, service programs, implementation service (Haryati, 2020).

The BK teacher's efforts are something business or action in prevent and solve something problem. So that with exists the efforts of the BK teacher can he found road go out in something problem the. For the sake of overcoming problem teenager dating, Guidance and Counseling teachers also accompany student with give service information during class time guidance and

counseling in class. Service information This aims for individuals (students) to know and master further information utilized For necessity his life daily life and development himself. Guidance and counseling teachers also do effort curative, effort constructio , efforts preventive for students who haven't deviate. Implementation counseling individual in effort construction and last effort preventive with give counseling For students who haven't do deviation as well as stage letter agreement (Subekti , 2018).

Efforts to the role of the BK teacher to truant students will succeed if the BK teacher applies proper handling. Example less handling right in the neighborhood school against people who cheat is with method scold and give value. This will cornered student even make student Afraid to the BK teacher Alone even sometimes make student feel as if has punished on his deeds. Actions like This No can done by the counselor Because role counselor No as police school, but help and educate problem students. counselor can do service counseling in a manner individual with hear reason himself do activity skipping classes yourself and invite counselee For equate perception to activity skipping classes That alone, with matter sort of This counselee will feel comfortable so that counselor and counselee can solve problem together (Haq, 2019). Because That behavior student like skipping classes the need done alternative the solution in A group, as stated above that one factor student skipping classes is exists A groups naughty involving one student become contaminated in behavior habit group the that is ditching, so in matter This ability For solve problem can be improved and finally what is expected capable make decision in a manner right and true, students No Again do behavior ditching .

In matter This MTs Negeri 1 Deli Serdang students are also responsible answer to frequent friends skipping classes For avoid groups always child develop in each regulation school, because support positive to friends also matter to her For change habit bad he is do during become a student. Based on fact seen clear thata habits and behavior child at the time do activity School is heavily influenced by friends his peers. So from That important presumably For study and review how much big role and influence Friend peer to formation character students, because of the teenage years is the betting period, where a student start enter a new world that will determine his future later. (Mustika & Henny Vidia Effendy, 2020). Study This focus For know how is the effort of the Inner BK Teacher Overcome Behavior ditching Students at MTs Negeri 1 Deli Serdang. It covers responses, views, efforts of BK teachers or action they to truant students.

## 2. METHODS

In study This researcher use study qualitative descriptive with approach studies case mischief teenager. According to Hyman (in Tan, 1997), purpose study descriptive describe characteristics, conditions, symptoms individual or group certain. Study qualitative is research process and its meaning more highlighted in study this. Whereas according to Walidin & Tabrani (2015) research qualitative is a research process For understand phenomenon man or social with method create comprehensive and complex picture that can be served in words, report kanpan with the details obtained from sources and carried out in natural way ( Suhada et al., 2018).

Nazir (2014) reveals that method study descriptive is something method in examine the status of a group of people, a object, a condition, a system thought, or something class events at the present time with aim make description, description or systematic description , factual and accurate about facts, characteristics and relationships between phenomenon being investigated. Furthermore method descriptive qualitative that is method research used For examine the conditions object natural Where a researcher become as device key technique data collection is also carried out by way of triangulation (combined), data analysis is interviews and results his research will explained in a manner detail.

Study description qualitative aim For give picture, give explanation and answer with more detail problem to be researched with learn in a manner maximum to a individual, a group or something existing incident. In matter This researcher put research at the State MTs 1 Deli Serdang

School which is located in several hamlet. Subject study consists from four BK teachers. Collection techniques: 1) observation, researcher do observation Where researcher only focus to the efforts of the BK teacher in overcome truant students school. 2) interview deep done researcher to four BK teachers at MTs Negeri 1 Deli Serdang. 3) study References from relevant journal with study this. Deep data analysis techniques study This that is associated data reduction with teacher guidance efforts counseling to frequent students ditching. Interview data collection and withdrawal conclusion related with teacher guidance efforts counseling in overcome behavior skipping classes students at MTs Negeri 1 Deli Serdang school.

### 3. FINDINGS AND DISCUSSION

On research This will explained description results study in a manner whole related with the efforts of the BK teacher in overcome truant students. With object location research at MTs Negeri 1 Deli Serdang. In accordance with formula problem, how the efforts of the BK teacher in overcome truant students. With a number of indicator Which become reject measuring in study This namely the BK teacher who is receptacle information main (Astuti & Lestari, 2020) .

#### Inner BK Teachers Overcome Truant Students

The efforts of the BK teacher in overcome frequent students skipping classes to very important for student. Attempts made To use prevent students not skipping classes school nor skipping school hours. As for the efforts of BK teachers in overcome behavior truant studente:

*First*, Give service counseling group to students, give room to students, and also provide instruction to student the. Service the is assistance provided by the Guidance and Counseling Teacher in reduce student truant behavior, which is expected with help as well as instruction the student capable reduce behavior rule violation school. This is emphasized in results interview to the BK teacher as following: *"The steps taken by the BK teacher are appropriate follow procedure mechanism alleviation problems that exist at school that, if student No changed when handled by the homeroom teacher then the BK teacher has the right handle the student in accordance with gift service. In matter skipping classes student the BK teacher gives service counseling group. Call student with criteria without adverb (alpha) 5 times in a month"*. From the results interview writer can conclude that in overcome behavior truant students with give A service counseling to whole students order the whole student can understand and understand that himself That is a the required student For add knowledge No For harm himself Alone even harm others.

*Second*, Work the same BK teacher with parents student with do visit home (*home visit*). Troubled student will get letter parent call. In matter the BK teacher plays a very important role important talk about to parents student that very much violations committed by students the until the BK teacher gives affirmation form letter parent call. This is emphasized in results interview to the BK teacher as following: *"The BK teacher calls the parents students, done it's the subject teachers will give a time limit in collection task if No change also then the BK teacher will do visit student home visits those"*.

From the results interview above that the BK teacher confirmed student if given students letter calling to parents his However student the No There is changes, then the BK teacher takes over For do visit House (*Home Visit*). Based on description above, there is a number of appropriate steps the interaction area life child. Party family especially parents must give attention to behavior child, care to education child with will provide support his needs in accordance to the limit of his abilities.

The BK teacher's efforts helped handle student so that spared from prolonged conflict and frustration that can raises problem school, This can seen from guidance counseling can interpreted as effort For develop completely aspect personality students, prevention problem to be arise hinder development and completion problem he faced now and in the future. However in in fact gift guidance and counseling No intensified good inside system school nor outside school, This proven from results observation or observation with the counseling teacher at MTs Negeri 1 Deli Serdang. The BK teacher also gives humane services for students more happy at school. Assigned tasks

customized with ability child. Giving Counseling is also very necessary For change less habits ok. (Setiawati, 2020).

### **Inner BK Teacher Obstacles Give Service Counseling Group**

Barriers very often happen to the BK teacher in give A service from the obstacle time implementation, implementation process, no There is place special in implementation service. This is clarified from results BK teacher interview: "Yes, if the process is carried out in alleviation problem No in accordance with mechanism at school where is the guardian teacher class direct deliver to the BK teacher. BK teacher indeed No there is an entry lessons, so when We give service counseling group rather constrained or not enough satisfying when give explanation about matter those". Obstacles faced by BK teachers when give A service counseling group lack of time clock and sometimes No in accordance with mekenism in school, that is lack of facility when the BK teacher is in give service to student. However, This No make the BK teacher give up For give service counseling to whole students of MTs Negeri 1 Deli Serdang.

Importance give service to student For help students always Spirit in guide knowledge, pursuit ideals and reduce every behaviors deviate especially behavior ditching . Based on yield data from interview above to 2 counseling teachers at MTs Negeri 1 Deli Serdang school. that is whole informant own different perception in define students were truant, however their actions do caught student The same about effort in overcome truant students. These two BK teachers. The same The same in give service To use prevent behavior skipping classes with service counseling group towards MTs Negeri 1 Deli Serdang. And according information that I accept many in between frequent students skipping classes school because There is other needs or necessity suddenly, or There is problem in his family like broken home child. so that decide For ditching. However in matter This still just that Action No can be justified, because should Can they request permission to the teacher or head school especially first.

From a number of explanation the, According to whole informant Based on results interviews with counseling teachers at MTs Negeri 1 Deli Serdang and the head school that's retarded back they skipping classes school that is, because them from family *broken home*, and them vent it with method form protest they that is often leaving class hours and even with method No continue school again. (Makassar, 2021). In effort reduce behavior skipping classes student, one service counseling group with technique solving problem can used Because considered more right. Kurnanto (2013) states that counseling group has two functions that is function service directed curative For overcome problems experienced individual, as well function service directed prevention For prevent happening individual problem (Fatchurahman et al., 2018).

Guidance and counseling teacher is a teacher who has task tree give help service guidance and counseling to student or individual, This can seen from POP BK (Hint operational Administration Guidance and Counseling). But the truth is No all Guidance and counseling teachers in schools own guidelines operational implementation guidance and counseling, This proven from results interview with guidance and counseling teachers at MTs Negeri 1 Deli Serdang. Service guidance and counseling is an assisted process individual in need help For reach independence in understanding self so that individual capable direct himself in accordance with That with demands and circumstances environment around with good and deep family, school and community, This can seen from meaning and type service guidance and counseling that has been proposed. However in fact, moment This No all BK teachers use all service the guidance counseling with good and effective, This proven with result Interview researcher with guidance teachers counseling at MTs Negeri 1 Deli Serdang. One type service guidance counseling is service helpful advocacy student For get return rights those who don't noticed and or get inappropriate treatment with demands. Service This must implemented by the counselor or BK teacher for face various condition about no suitability rights student related with other authorized parties return right the student concerned, This seen from draft base service BK advocacy. However In fact, many BK teachers do not

understand service advocacy so that No used in the guidance and counseling process that That only focus on usage service counseling individual.

Based on presentation made by the researcher above about the efforts of the BK teacher in overcome behavior truant at MTs Negeri 1 Deli Serdang. Researcher formulate the efforts made by BK teachers in overcome student skipping school, you know driving factors student do behavior ditching, as well consequence from behavior skipping classes That Alone to students at MTs Negeri 1 Deli Serdang. Objective end from study This is For can describe how is the BK teacher's efforts (guidance counseling) to a truant students and how the role of the BK teacher (guidance counseling) in handle students who play truant at MTs Negeri 1 Deli Serdang. Study This expected can beneficial for BK students and teachers in give service to student or counseling.

#### 4. CONCLUSION

From the results of the research above, the researcher has described some of the results of the interviews about the efforts of the BK teacher in overcome truant students. In test interview the can in conclude that the efforts of the BK teacher in overcome truant students with he did approach to BK teachers to students and give something service with service counseling groups and guidance group. *First*, Efforts made by BK teachers through group counseling and guidance group in reducing student truancy behavior at MTs Negeri 1 Deli Serdang all teachers work together with the counseling teacher in overcoming student truancy. BK teachers provide services, understand students about group counseling, and follow according to the 17+ pattern, giving directions, warnings. Group counseling applied by the counseling teacher has been effective, but the changes have not been significant, but with group counseling and guidance group really helps students who have violated school rules so they don't repeat the same mistakes. *Second*, Factors causing student truancy behavior at MTs Negeri 1 Deli Serdang Internal factors and external factors, Internal factors namely factors from within students such as lazy to learn, jealousy to see friends playing outside while external factors are things that are caused from outside the student's self such as invited by friends, no encouragement from parents, and teachers, as well as the economy. Adolescence is a tough transitional period so that sometimes there are a few teenagers difficult to open themselves so in matter This those who often skip school can just not enough get guidance more from his parents, and also more attention from the closest people around it, or they are also shy For indulgence, or talk about it with friends, their parents, their family, or their teachers.

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